



# 2019 November

November is Good Nutrition Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p><b>All menus meet or exceed current USDA or state-specific Dietary Guidelines for the Healthy, Hunger-Free Kids Act.</b></p> <p>Offered Daily: Fresh Fruit or vegetables.</p> <p>Milk Served Daily Skim Chocolate Skim White 1% White Milk A la carte: \$.50 Student Lunch: \$3.20 Adult Lunch: \$3.60</p> <p>Our Pizzas are <b>Tony's "SMART" pizza – 25% lower in fat with whole grain crust</b></p> <p><b>WG – Whole Grain Romaine Salads served with Ranch Dressing</b></p> <p>Items listed with a <b>red *</b> may contain Pork.</p> 
		<p><b>Treat Yourself Right</b></p>		<p><b>1</b> 1-Cheese Pizza 2-Toasted Cheese Sandwich Tomato Soup <b>3</b>-Turkey &amp; Swiss Sand <b>4</b>-Turkey Chef Salad w/Dinner Roll Spinach Fresh Baby Carrots Diced Peaches</p>	
<p><b>4</b> 1-Cheeseburger on a Bun 2-Chicken Patty Sandwich 3-Ham &amp; Cheese Sand 4- Ham/Turkey Chef Salad w/Dinner Roll Green Beans Fresh Broccoli Mixed Fruit</p>	<p><b>5</b> <b>Lucky Tray Day</b> 1-Hot Pretzel w/Cheese Sauce 2-Chili Mac 3-Turkey &amp; Cheese Sand 4- Sunbutter &amp; Jelly Sand Sliced Carrots Red Pepper Strips Diced Pears</p>	<p><b>6</b> 1-Cheese Pizza 2- Hot Dog 3-Ham &amp; Cheese Sand 4- Chicken Caesar Salad w/Dinner Roll Green Beans Fresh Zucchini Diced Peaches</p>	<p><b>7</b> <b>Early Dismissal</b> <b>No Service</b></p>	<p><b>8</b> <b>P/T Conferences</b> <b>No School</b></p>	
<p><b>11</b> <b>Veteran's Day</b> <b>No School</b></p>	<p><b>12</b> <b>Lucky Tray Day</b> 1-Diced Chicken Nachos 2- Chicken Nuggets w/Dinner Roll 3- Turkey &amp; Cheese Sand 4- Sunbutter &amp; Jelly Sand Peas Red Pepper Strips Diced Pears</p>	<p><b>13</b> 1-Cheese Pizza 2- Macaroni &amp; Cheese 3-Ham &amp; Cheese Sand 4- Chicken Caesar Salad w/Dinner Roll Swt Potato Fries Fresh Zucchini Diced Peaches</p>	<p><b>14</b> French Toast Sticks w/Syrup Chicken Sausage Patty 2-Pumpkin Spiced Chicken &amp; Waffle Sandwich 3-Turkey &amp; Cheese Sand 4- Sunbutter &amp; Jelly Sand Baked Beans Celery Sticks Applesauce</p>	<p><b>15</b> 1-Cheese Pizza 2-BBQ Riblet* Sandwich 3- Turkey &amp; Swiss Sand 4- Popcorn Chicken Salad w/Dinner Roll Spinach Fresh Baby Carrots Diced Peaches</p>	
<p><b>18</b> 1-Hamburger on a Bun 2-Chicken Patty Sandwich 3-Ham &amp; Cheese Sand 4- Ham/Turkey Chef Salad w/Dinner Roll Mashed Potatoes Fresh Broccoli Mixed Fruit</p>	<p><b>19</b> 1-Bosco Sticks w/Marinara Sauce 2-Popcorn Chicken w/Dinner Roll 3-Turkey &amp; Cheese Sand 4- Sunbutter &amp; Jelly Sand Green Beans Red Pepper Strips Diced Pears</p>	<p><b>20</b> 1-Cheese Pizza 2-Hot Dog 3-Ham &amp; Cheese Sand 4-Chicken Caesar Salad w/Dinner Roll Glazed Carrots Fresh Zucchini Diced Peaches</p>	<p><b>21</b> <b>Lucky Tray Day</b> 1-Turkey with Gravy 2-Chicken Patty Sandwich 3-Turkey &amp; Cheese Sand 4- Sunbutter &amp; Jelly Sand Mashed Potatoes Celery Sticks Applesauce</p>	<p><b>22</b>1-Cheese Pizza 2-Toasted Cheese Sandwich Tomato Soup 3-Ranch Chicken Wrap 4-Turkey Chef Salad w/Dinner Roll Corn Fresh Baby Carrots Diced Peaches</p>	
<p><b>25</b> 1-Cheeseburger on a Bun 2-Chicken Nuggets w/Dinner Roll 3-Ham &amp; Cheese Sand 4- Ham/Turkey Chef Salad w/Dinner Roll Peas Fresh Broccoli Mixed Fruit</p>	<p><b>26</b> 1-Cheese Pizza 2-BBQ Chicken Sandwich 3- Turkey &amp; Cheese Sand 4- Sunbutter &amp; Jelly Sand Tater Tots Red Pepper Strips Diced Pears</p>	<p><b>27</b> <b>Thanksgiving Break</b> <b>No School</b></p>	<p><b>28</b> <b>No School Thanksgiving Break</b> </p>	<p><b>29</b> <b>Thanksgiving Break</b> <b>No School</b></p>	

## Concord Elementary School

**EAT A VARIETY OF FRUITS & VEGETABLES EVERY DAY**

**Part time positions open**

If you are interested in working part time during the school year please log into [www.aramark.com](http://www.aramark.com) and open the careers tab to review available positions in Cass; or call Nichole at 630-964-0267.



Menus are subject to change without notice.

This institution is an equal opportunity provider.